



NOTICE OF RACE FROSTBITE CUP 2022/2023

The Frostbite Cup of the 2022/2023 season will start on October 9th 2022.

VENUE

The boats will be welcomed at the Jachthaven Naarden. The race office is located at the following address: R&ZV Naarden, Onderwal 10a, 1411 LV, Naarden, The Netherlands

The Frostbite Cup consists of:

7 race days, between 3 to 5 races per day weather permitting and extra training days/sprint competitions.

Like prior years give or take 30 participants from at least 3 countries are expected again. The concept of the previous successful events has been largely retained with some improvements here and there.

As always, the race courses will be up and down with spreaders and gates. Race leader Henk Schildkamp together with his crew and the experienced rib drivers from Durgerdam will again ensure that we have smooth and safe racing each Sunday.

Hopefully, COVID-19 will not mess up this year's sailing program. We will obviously adhere to any Government rules and restrictions if applicable.

The race dates are as follows:

- Act 1: 9 October 2022
- Act 2: 6 November 2022



- Act 3: 27 November 2022
- Act 4: 11 December 2022
- Act 5: 22 January 2023
- Act 6: 12 February 2023
- Act 7: 19 March 2023 (price giving)

The Open Dutch J80 Championships are penciled in for March 31 through April 2 2023

1. Sailing Instructions and other Racing documents

We will sail under the Racing Rules of Sailing 2021-2024 and the class rules of the J/80 with the exception of the weight rule. See the Sailing Instructions. [Racedocs Frostbite Cup - R&ZV Naarden \(powered by e-captain.nl\) \(rzvnaarden.nl\)](#)

2. Communication via WhatsApp

In addition to newsletters and the notice board, we will also communicate via a WhatsApp group. Anyone registered can join this group.

We use a strict protocol for this group. Only the organization will be able to post messages in this WhatsApp group. Information posted will be regarding cancellations, start times, competition rules, in short, everything that is important and should be known quickly to the sailors.

For other discussions between participant a separate WhatsApp group will be created for the event.



3. COURSES

The courses to be sailed will be as follows:

Upwind Downwind

4. PENALTY SYSTEM

For the J80 class RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

5. SCORING

The scoring system is the Low Point Scoring System.

No discards will be available for the day results.

The following discards will be used for the result of the total series.

For the J/80 class:

- up to and including 12 sailed competitions no discards
- 13 to 15 sailed races 2 discards
- 16 to 18 sailed races 3 discards
- 19 to 21 sailed races 4 discards
- 22 to 24 sailed races 5 discards
- 24 to 26 sailed races 6 discards
- more than 26 sailed races 7 discards



6. Maintenance

For maintenance and repairs, before, during or after the Frostbite, you can contact Deep Yachts.

Bart van Breeschoten - 06 15 84 15 18 - deepyachts@gmail.com

7. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

8. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of Euro 1.500.000 or the equivalent per incident.



9. Registration Fee & Mooring Fees

For the 2022/2023 Frostbite cup the registration fee amounts to Euro 240,00 and for Euro 225,00 for members of the RZV Naarden. Please register before 4 October 2022.

Also this year, the Naarden marina is supporting us with competitive prices for the berthing and craning.

You can register directly at the marina - +31 35 695 6050 for the relevant Harbor package offered by the Naarden Marina to the participants of the Frostbite Cup.

Marina fees and other agreements are arranged directly by the participants with the Harbor Masters. The Frostbite organization has no further role in this.

The prices of the Marina package are as follows:

Water berth from 1 October 2022 to 31 March 2023	€ 170,00	
Shore berth on own trailer plus 2x Crane	€ 275,00	
Shore berth without trailer plus 2x Crane	€ 300,00	
Trailer park during winter	€ 90,00	
Craning per action	€ 63,20	
Mast stepping up and down	€ 35,00	Per action
Separate cleaning	€ 58,00	

10. Foreign participants (BEL, FRA, DEN, IRL)



The J80 fleet is growing! Also this year the event is open to participants from Belgium, Germany, Denmark, Ireland and any other country.

11. RIGHTS TO USE NAMES & LIKENESSES

Skippers and competitors automatically grant to the Organizing Authority, without payment, the right in perpetuity to make, use and show any motion pictures, still pictures and live, taped or filmed television of or relating to the event, where their image or name may appear.

12. ONK J/80

The Open Dutch Championship J/80 is scheduled for 31 March through 2 April 2022. Save the dates!

13. FURTHER INFORMATION

The competition documents will be available on the website www.RZVNaarden.nl, the app groups will be made available soon.

For further information please contact

Bernard Holsboer +316 12395264

On behalf of the entire FBC crew

Bernard, Roel, Bart and Sybren



Appendix A Equipment list

The following equipment is on board (Dutch words for reference only, English is binding):

- One anchor and chain exceeding 6.0 kg with 25 meter of polyamide rope with minimum diameter of 8 mm (anker van min. 6 kg, met min. 25 m. lijn)
- One manual bilge pump (handlenspomp)
- One compass (kompas)
- Applicable charts (toepasselijke hydrografische kaart), and either:
Speed and depth measuring devices (snelheids- en dieptemeter), or
Operational GPS (gps).
- Permanently mounted operable navigation lights (werkende navigatieverlichting)
- One horseshoe type throwable life ring (reddingsboei in hoefijzer-vorm)
- Marine first aid kit and manual (EHBO kit)
- One bucket of no less than 9 liter capacity (puts van min. 9 liter)
- Companionway ladder/step (bank / trapje)
- Companionway drop board (ingangsluik)
- Floorboard (vloer)



- Bunk top covers (panelen naast de mast)
- The guard wire (relingdraden) shall not deflect more than 50mm with a force of 5 kg
- Mast band distance (P-maat) max. 9144 mm
- Boom band distance (E-maat) max. 3810 mm
- ICA royalty label mainsail (sailtags)
- ICA royalty label headsail (sailtags)
- ICA royalty label gennaker (sailtags)
- Engine (motor): Engine Manufacturer: _____
Engine Weight: _____ 12,5 kg
Engine Horsepower: _____
- Battery (accu): Battery Manufacturer: _____
Battery Weight: _____ 2 kg
Battery Capacity: _____
- Personal flotation vests (reddingsvesten) for each crewmember



Appendix B: the map of the event venue and Race area FBC 2022/2023



